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## CURRICULUM VITAE

Name: Kristian Thorborg  
Married status: Wife and three kids  
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Telephone: +45 2627 1506  
Date of Birth: 15. June 1973

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### **EDUCATION:**

1998: Diploma in physiotherapy (registration)  
2003: Masters in Physiotherapy (Sports physiotherapy), Melbourne University  
2011: Ph.D., Copenhagen University, (AMBEHR)

### **WORKING EXPERIENCE:**

1998-99: Hvidovre og Gentofte Amtssygehus  
1998-00: Clinic for Physiotherapy, Jorcks Passage  
1998-00: HIK (Football)  
2000-00: English Medical Centre, Val d`Isere  
2001-02: The Danish Royal Ballet  
2001-02: Clinic for Physiotherapy, Bülowvej  
2004-08: Scandinavian Sports Medicine Centre, Physiotherapy Department (Parken)  
2007-08: Full time research assistant, Artroskopisk Center Amager, Hvidovre Hospital  
2008-11: Full time Ph.d. stipend, Artroskopisk Center Amager, Hvidovre Hospital.  
2008-12: Hamlet/Aleris, Idrætssklinik.  
2011-13: Full time Post-doc. Artroskopisk Center, Amager-Hvidovre Hospital.  
2014- : Full time Ass. Professor at Artroskopisk Center, Amager-Hvidovre Hospital.

### **SPECIALISATION:**

2004: Specialist in musculoskeletal physiotherapy, including sportsphysiotherapy  
2007: Specialist in musculoskeletal physiotherapy  
2007: Specialist in sports physiotherapy  
2014: Registered international sports physiotherapist (International specialization), IFSPT (International Federation of Sports Physical Therapist)

**ACADEMIC MERITS:****POSITIONS (2009-2016):**

- Assistant Prof. at Copenhagen University (2009-11)
- Lecturer at Copenhagen University (2012-14)
- Associate Prof. Copenhagen University (2014-)
- External Lecturer. University of Southern Denmark (2016-)

**COURSE RESPONSIBILITY (2013-2016):**

- Course lead. Rehabilitation of muscle tendon injuries – in relation to sports. Physiotherapy masters course at University of Southern Denmark (2013-15)
- Course lead. Analysis of movement and muscle function – in relation to sports. Physiotherapy masters course at the University of Southern Denmark (2013-15).
- Course lead. Course in Physical Activity. Cand Scient. San. Course, Copenhagen University (2015-)
- Course lead. Rehabilitation of tendon injuries – in relation to sports. Physiotherapy masters course at University of Southern Denmark (2015-)
- Course lead. Rehabilitation of muscle injuries – in relation to sports. Physiotherapy masters course at University of Southern Denmark (2016-)

**ACADEMIC SUPERVISION (2007-2016):**

- 30 bachelor students,
- 10 master students,
- 2 PhD students (Co-supervisor)

**EXTERNAL EVALUATOR OF ASS. PROFESSORSHIPS AND PH.D. THESES (2014-2016):**

- Evaluation committee member: Associate professorship application for Weil Cornell University, USA (2014).
- Evaluation committee member: PhD Thesis, Australian Catholic University, Melbourne Australia, Australia (2016).
- Evaluation committee member: PhD Thesis, Aucland University of Technology, Auckland, New Zealand (2016).

#### AWARDS (ONLY 1<sup>ST</sup> PRIZES FROM 2008-2016 INCLUDED):

8 awards in total:

- Ph.d prize, Danish Physiotherapists, 2008 (50.000 kr ),
- Special Research Prize, Danish Physiotherapist, 2012 (50.000 kr)
- Best oral presentation (young researchers) Danish Sports medicine Congress 2009 (1500 kr.)
- Best oral presentation (senior researchers) Scandinavian Congress in Sportsmedicine, 2010 (5000 kr.),
- Best oral presentation (senior researchers) Danish Sports medicine Congress, 2011 (4000 kr.)
- Best poster Danish Sportsmedicine Congress, 2014 (1500 kr.)
- Best research article in KSSTA journal, 2014-2015 (1000 Euro)
- Best poster Scandinavian Congress in Sports medicine, 2016 (1500 kr.)

#### INVITED LECTURES (2005-2016):

More than 100 national/international lectures (2 key-notes) at scientific meetings and/or symposiums.

#### RESEARCH GRANTS (2007-16):

Total of 9.901.000 kr (1.330.780 Euros) received.

- 1.715.000 kr. as main applicant from different funds, such as Lundbeckfonden, Gigtforeningen, Region Hovedstadens Sundhedsvidenskabelige Forskningsfond. Forskningsfonden i Danske Fysioterapeuter og Praksisfonden.
- 2.236.000 as co-applicant from Det frie Forskningsråd,
- 2.400.000 DKK as a 4-year grant to form a Copenhagen based Research Centre for Injury Prevention and Athlete Protection (IOC grant).
- 3.550.000 as co-applicant from funds and organisations such as Gigtforeningen, Region Hovedstadens Sundhedsvidenskabelige Forskningsfond, Bevica fonden, Aarhus University og Forskningsfonden i Danske Fysioterapeuter og Praksisfonden, and the Capital region.

**TRUSTED POSITIONS:****SCIENTIFIC COMMITTEES:**

- Part of scientific committee and organiser of 4 PMR-C (one-day) symposiums in Denmark including more than 400 participants attending each year (2013-16)
- Member of scientific committee 1<sup>st</sup> World Conference on groin pain
- Chairman of the scientific committee for the National Sports Medicine congress 2015, at SAS Radisson, Copenhagen (500 participants), See program at [www.sportskongres.dk](http://www.sportskongres.dk).
- Chairman of the scientific committee for the National Sports Medicine congress 2017, at SAS Radisson, Copenhagen (500 participants), See program at [www.sportskongres.dk](http://www.sportskongres.dk).
- Evaluation committee member for the Johannes Lindhart Prize and the Ove Bøje Prize. Associations of Danish Sports Medicine and Danish Sportsphysiotherapy, 2013-2019

**RESEARCH COMMITTEES:**

- Board Members of the steering committee for PMR-C, 2013-
- Board Member of the steering committee for IOC Sports Medicine Copenhagen, 2015-

**GRANT REVIEWING:**

- Research Foundation of the Danish Physical Therapy Organization (2010-2014)
- Research Foundation in Danish Regions (2010-2014)

## EDUCATIONAL COMMITTEES:

- Member of advisory board for education and professional development for Danish Physiotherapist (2009-11).
- Chairman for the revision of the Danish specialisation process in physiotherapy (2010-11).
- Initiator of "Clinical evidence update" programme in sports physiotherapy, since 2009 (now including 10 individual documents on evidence-based examination and treatment in sports physiotherapy).
- Board member of the educational committee for the School of Physiotherapy, Metropol University College, Copenhagen, 2014-
- Board Member for the International Federation in Sport Physical Therapy of ResearchCommittee, 2015
- Board member of the application and assessment committee for The Cand. Scient San. Education at Copenhagen University, 2016-
- Board member for education and courses offered under the Danish Association of Sportsphysiotherapists. Responsible for implementation of new educational structure for Danish Sportsphysiotherapists from 2013
- Board member of the Advisory board for the IOC Diploma course in Sports Physical Therapies 2015-
- Executive board member of IFSPT from 2017-2021

## EDITORIAL WORK:

- Editor-in-chief for "Danish Sports Medicine" (2007-10).
- Member of editorial board for "Fysioterapeuten" (2006-2014).
- Associate Editor, British Journal of Sportsmedicine (2012-)
- Associate Reviewer Board Member, Journal of Orthopedic and Sports Physical Therapy (JOSPT), (2016-)
- Ad hoc peer-reviewer in following journals: British Journal of Sports Medicine, Journal of Sports Sciences, Knee Surgery, Sports Traumatology and Arthroscopy, Danish Medical Journal, Osteoarthritis & Cartilage, Quality of Life Research, Scandinavian Journal of Medicine & Science in Sports, Ultraschall in der Medizin, Arthritis and Rheumatism, Arthritis Care and Research, Clinical Pharmacology and Therapeutics, Quality of Life Research, Health and Quality of Life Outcomes, World Journal of Pediatrics, BMC Musculoskeletal Disorders, Med Sci Excer Sports, Sports Medicine Arthroscopy Rehabilitation and Technology (SMART), Foot and Ankle Surgery, Journal of Science and Medicine in Sports, Sports Medicine

**INTERNATIONAL IMPACT:**

## INVITED SPEAKER:

More than 75 international invitations from countries including lectures in Australia, New Zealand, Luxembourg, Italy, France, Monaco, Luxembourg, Holland, Sweden, Norway, Finland, Qatar, Ireland and USA.

## EDITORIALS:

- Two editorials as first author, and one as last, in BJSM.
- One Invited Clinical Commentary as last author in IJSPT.
- One Invited Clinical Commentary as second author in JOSPT.

## CONSENSUS/AGREEMENT MEETINGS:

- Part of 2009 - Consensus meeting and statements "Performance in Top Sports Involving Intense Exercise". Copenhagen University and TEAM DANMARK.
- Part of 2012-2013 Consensus meeting and Delphi process on therapeutic validity
- Part of 2014 – Consensus meeting and statements: Terminology on diagnostics of groin pain in athletes. 1<sup>st</sup> World Conference on groin pain (for Publication in BJM). Part of 2014 –
- Part of 2015 - Consensus meeting and statements: Return to play after sports injury. 1<sup>st</sup> World Conference in Sports Physical Therapy.
- Part of 2015-2016 – Participating in Consensus meeting and COSMIN Delphi study on content validity in patient reported outcome measures
- 2015 International Task Force - Outcome measures for athletes with tendinopathy

## DISSEMINATION OF KNOWLEDGE ON SOCIAL MEDIA AND TO LAY-MAN:

- Active on twitter @KThorborg, have Researchgate and Google scholar profiles.
- Interviewed to 4 podcasts, all freely available on the internet, on hamstring and groin injuries (each podcast 1 hour long).
- > 10 video presentations available from conference proceedings available on the internet. Presented several times on prevention and treatment of injuries to Danish sports associations such as TEAM DANMARK and DBU.
- Interviewed to: "Fysioterapeuten" 4 times,
- Interviewed by Politikken, TV2 and Radio 24/7, and New York Times concerning our research finding on hamstring and groin injuries in athletes.
- Giving specialist advise in "Krop og Fysik" since 2008, a magazine on health issues (lay-man).
- Folders on musculoskeletal injuries for "Krop og Fysik".



**PUBLICATIONS (KRISTIAN THORBORG):**

Kristian Thorborg has published 135 articles in the form of 105 peer-reviewed publications and 30 non-peer reviewed publications. Furthermore, Kristian has published individual 24 book chapters and 1 book. Kristian Thorborg is the first author on 28 peer-reviewed publications and the last author on 24 peer-reviewed publications and has published more than >100 abstracts: presented more than >50 oral presentations and >10 posters at national and international scientific conference proceedings since 2008. Kristian Thorborg is first author on 26 non-peer-reviewed publications. Kristian Thorborg h-index is of 27 since 2012, with more than 2000 citations. More than 10 of Kristian Thorborg's peer-reviewed publications have an Altmetric score ("Who's talking about your research score") above 100, and Kristian Thorborg have been part of seven articles that have been chosen as Editor's Choice in BJSM which grants free open access by the journal.